

Date	Code	Category	Time Begin	Time End	Class Title	Instructor	ACE	PMA	Polestar	STOTT PILATES®	Power Pilates	Peak Pilates
4/15/09	PC418	Franklin Method	8:00 AM	5:00 AM	Happy Spine for Life	Eric Franklin	0	0	0	0	0	0
4/15/09	WP403	Pilates	8:00 AM	9:00 AM	Pilates Mat Class	Odile Zelenak	0	0	0.5	0	0	0
4/15/09	WP427	Pilates	9:30 AM	12:30 PM	Unnerving the Nervous System: Spotlight on the Brachial Plexus	Carrie McCulloch	0	3	2	0	0	0
4/15/09	WP425	Pilates	9:30 AM	4:30 PM	Free Up The Spine, Pelvis and Hip Joints	Madeline Black	0	6	5.5	0	0	0
4/15/09	WP426	Pilates	9:30 AM	12:30 AM	Core To The Floor	Mercy Sidbury	0	0	2	0	0	0
4/15/09	WP428	Pilates	9:30 AM	4:30 PM	The Foot Workout /Pilates for Feet	TBA(Kelly Kane)	0	3	5.5	0	0	0
4/15/09	WP449	Pilates	2:00 PM	4:30 PM	Using the Jumpboard (or footplate) in a Close Kinetic Chain Approach to Deepening the Level of Your Strength	Marie Jose Blom- Lawrence	0	2.5	1.25	0	0	0
4/15/09	WP448	Pilates	2:00 PM	4:30 PM	Hypermobility and Motor Control of the Spine	Marika Molnar	0	0	1.25	0	0	0
4/15/09	WP469	Pilates	5:00 PM	6:00 PM	Pilates Mat Class	Mercy Sidbury	0	0	0.5	0	0	0
4/16/09	PC508	Pilates	8:00 AM	5:00 PM	Polestar Approach to Rotational Sports	Brent Anderson	0	7	6	0	0	0
4/16/09	PC518	Franklin Method	8:00 AM	5:00 PM	The Pelvic Powerhouse	Eric Franklin	0	0	0	0	0	0
4/16/09	TP503	Pilates	8:00 AM	9:00 AM	Pilates Mat Class	Mercy Sidbury	0	0	0.5	0	0	0
4/16/09	PC423	Gyrotonic	9:00 AM	5:00 PM	Gyrotonics An Active Approach To Integrative Healthcare	Angela Crowley	0	0	6	0	0	0
4/16/09	TP528	Pilates	9:30 AM	12:30 PM	Looking From the ground Up	Madeline Black	0	3	2	0	0	0
4/16/09	TP527	Pilates	9:30 AM	4:30 PM	The Essential Role of the Shoulder Girdle And Thorax in Taking Weight off the Shoulders	Marie Jose Blom-Lawrence	0	6	5.5	0	0	0
4/16/09	TP526	Pilates	9:30 AM	4:30 PM	Balance Sensor Their Influence on Postural Control	Marika Molnar	0	0	5.5	0	0	0
4/16/09	TP525	Pilates	9:30 AM	12:30 PM	Opening Up To Good Posture	Mercy Sidbury	0	0	2	0	0	0
4/16/09	TP559	Pilates	1:00 PM	5:00 PM	Pilates on the Green, Matwork for Golf: Level 1 & 2 Pre-con	John Gary	0	4	3	0.4	0	0
4/16/09	TP550	Pilates	1:30 PM	4:30 PM	Healthy Necks and Backs	TBA (Kelly Kane)	0	3	3	0	0	0
4/16/09	TP547	Pilates	2:00 PM	4:30 PM	Unnerving the Nervous System	Carrie McCulloch	0	2.5	1.25	0	0	0
4/16/09	TP569	Pilates	5:00 PM	6:00 PM	Pilates Mat Class	Odile Zelenak	0	0	0.5	0	0	0

4/16/09	PC523	Gyrotonic	9:00 AM	5:00 PM	Gyrotonic® An Active Approach To Integrative Healthcare	Angela Crowley	0	0	0	0	0	0
4/17/09	PI04	Pilates	8:00 AM	9:00 AM	Power Pilates: Reformer on the Mat Class	Allison Gonzalez	0	0	0.5	0	0	0
4/17/09	PI11	Pilates	8:00 AM	9:00 AM	Morning Magic Circle Workout	Cecile Le Moine Bankston	0	1	0.5	0	0	0
4/17/09	PI10	Pilates	8:00 AM	9:00 AM	STOTT PILATES® Sculpt & Tone Flex-Band® Level I	John Gary	0.1	0	0.5	0.1	0	0
4/17/09	G117	Gyrotonic	8:00 AM	9:00 AM	Gyrokinesis® The New Format I of Level I	Juergen Bamberger	0	0	0.5	0	0	0
4/17/09	PI15	Pilates	8:00 AM	9:00 AM	Towelwork® on the Spine Corrector	Kyria Sabin	0.1	1	0.5	0	0	0
4/17/09	PI09	Pilates	8:00 AM	9:00 AM	Prop Power	Leslee Bender	0.1	0	0.5	0	0	0
4/17/09	PI07	Pilates	8:00 AM	9:00 AM	Peak Pilates® Circuit Flow	Sonia Rodriguez	0	0	0.5	0	0	1
4/17/09	FI18	Feldenkrais	8:00 AM	9:00 AM	Your Pelvis in Motion	Suzie Lundgren	0.1	0	0.5	0	0	0
4/17/09	PI03	Pilates	8:00 AM	9:00 AM	Peak Pilates® Mat Fundamentals With Flow	Zoey Trap	0.1	0	0.5	0	0	1
4/17/09	PI35	Pilates	9:30 AM	11:30 AM	Pilates Circuit Training for Mat and Small Props	Cecile LeMoine Bankston	0	2	1	0	0	0
4/17/09	B143	Pilates	9:30 AM	11:30 AM	Development for Pregnancy Fitness & Postpartum Rehabilitation	Chandler Moore	0.2	0	1	0	0	0
4/17/09	PI37	Pilates	9:30 AM	11:30 AM	Spine Corrector Group Class	Christine Romani Ruby	0.2	2	1	0	0	0
4/17/09	O142	Other	9:30 AM	11:30 AM	Transformational Gait	Dr. Rob Johnson	0.2	2	1	0	0	0
4/17/09	PI25	Pilates	9:30 AM	11:30 AM	Enhancing the Function of the Abdominal, Pelvic Floor and Lumbar Region	Jennifer Stacey	0	0	1	0	0	0
4/17/09	G123	Gyrotonic	9:30 AM	11:30 AM	Gyrotonic® The Decompression of Your Joints	Juergen Bamberger	0	0	1	0	0	0
4/17/09	PI26	Pilates	9:30 AM	11:30 AM	Sequencing a Reformer, Cadillac and Wunda Chair Program	Kathy Corey	0	2	1	0	0	0
4/17/09	PI28	Pilates	9:30 AM	11:30 AM	Pilates for the Personal Trainer	M Valentin	0.2	0	1	0	0	0
4/17/09	PI33	Pilates	9:30 AM	12:30 PM	The Psoas as a Core Muscle	Madeline Black	0.3	3	2	0	0	0
4/17/09	PI29	Pilates	9:30 AM	12:30 PM	Reformer Translates to Mat Slings Systems	Mari Winsor	0	0	2	0	0	0
4/17/09	PI27	Pilates	9:30 AM	5:30 PM	Approach to Core Intelligence	Marie Jose' Blom-Lawrence	0	7	6	0	0	0
4/17/09	PI30	Pilates	9:30 AM	11:30 AM	Utilizing the Wunda Chair and Reformer for the Ultimate Pilates Session	Rael Isacowitz	0.2	2	1	0	0	0

4/17/09	F140	Feldenkrais	9:30 AM	12:00 PM	Unlocking the Jaw, Neck and Upper Back	Suzie Lundgren	0.2	0	1.25	0	0	0
4/17/09	O141	Other	9:30 AM	11:30 AM	Yamuna Body Rolling	Yamuna Zake	0	0	1	0	0	0
4/17/09	P150	Pilates	1:00 PM	4:00 PM	Intermediate Chair Workshop: A Step Up	Jennifer Stacey	0	0	2	0	0	0
4/17/09	P151	Pilates	2:00 PM	4:00 PM	Pilates and the Gym: A Comparative Class	Cecile LeMoine Bankston	0	2	1	0	0	0
4/17/09	O157	Other	2:00 PM	4:00 PM	Spinal Mobility – A Whole Body Approach!	Dr. Eric Cobb	0.2	2	1	0	0	0
4/17/09	P158	Pilates	2:00 PM	4:00 PM	Mat with Functional Footprints from Balanced Body	Elizabeth Larkam	0.2	2	1	0	0	0
4/17/09	P155	Pilates	2:00 PM	4:00 PM	STOTT PILATES® Power Paced Fitness Circle®	John Gary	0.2	2	1	0.2	0	0
4/17/09	P159	Pilates	2:00 PM	4:00 PM	Spine Correctors: Finding Your Core	Kathy Corey	0	2	1	0	0	0
4/17/09	P165	Pilates	2:00 PM	4:00 PM	Assessment 101	Kyria Sabin	0.2	2	1	0	0	0
4/17/09	P153	Pilates	2:00 PM	4:00 PM	ISTEP: For the Pilates and Fitness Trainer	Leslee Bender	0.2	0	1	0	0	0
4/17/09	P164	Pilates	2:00 PM	3:00 PM	Posture for a Modern Day World	M Valentin	0.1	0	0.5	0	0	0
4/17/09	P152	Pilates	2:00 PM	4:00 PM	Focus on 2 Wunda Chair Exercises: Side Stretch and Swan	Madeline Black	0.2	2	1	0	0	0
4/17/09	B166	Business	2:00 PM	4:00 PM	The Core Principles of a Successful Pilates Studio	Matthew McCullough	0	2	1	0	0	0
4/17/09	P148	Pilates	2:00 PM	4:00 PM	10 ADVANCED PILATES MOVEMENTS: A Discussion of Do's and Don'ts	Rael Isacowitz	0.2	2	1	0	0	0
4/17/09	P147	Pilates	2:00 PM	4:00 PM	Common Problems & Care of the Foot	Suzanne Martin	0.2	2	1	0	0	0
4/17/09	O163	Other	2:00 PM	4:00 PM	Internal Organ Fitness	Yamuna Zake	0	0	1	0	0	0
4/17/09	G168	Gyrotonic	4:30 PM	6:00 PM	Arching for Sports	Angela Crowley	0	0	0	0	0	0
4/17/09	P174	Pilates	4:30 PM	6:00 PM	Chair for Pre and Post-natal Pilates	Chandler Moore	0.1	0	0.75	0	0	0
4/17/09	G167	Gyrotonic	4:30 PM	6:30 PM	The Gyrotonic® Foot	Debra Rose	0.2	0	1	0	0	0
4/17/09	P169	Pilates	4:30 PM	5:30 PM	Create Intriguing Mat Classes without Equipment	Elizabeth Larkam	0.1	1	0.5	0	0	0
4/17/09	P179	Pilates	4:30 PM	5:30 PM	Intermediate to Advanced Mat	Mari Winsor	0	0	0.5	0	0	0
4/17/09	P180	Pilates	4:30 PM	5:30 PM	The Core Power Within	Michael Fritzsche and Ton Voogt	0	0	0.5	0	0	0
4/17/09	B187	Pilates	4:30 PM	5:30 PM	Empowering Your Clients	Monique Hollowell	0	0	0.5	0	0	0
4/17/09	P181	Pilates	4:30 PM	5:30 PM	Peak Pilates® Periphery Power: Strengthening Head to Toe with the Foot Corrector and Sand Bag Set	Sonia Rodriguez	0	0	0.5	0	0	1
4/17/09	P173	Pilates	4:30 PM	5:30 PM	Peak Pilates®: MVe™ Flex and Flow Workout	Zoey Trap	0	0	0.5	0	0	1

4/17/09	P275	Pilates	4:30 PM	5:30 PM	Peak Pilates®: Mat with Props	Zoey Trap	0.1	0	0.5	0	0	1
4/18/09	G202	Gyrotonic	7:30 AM	9:00 AM	Running In Sports	Angela Crowley	0	0	0	0	0	0
4/18/09	P213	Pilates	8:00 AM	9:00 AM	Rolling Up Pilates	Christine Romani Ruby	0.1	1	0.5	0	0	0
4/18/09	P208	Pilates	8:00 AM	9:00 AM	Reformer Flow with the Balanced Body Pilates ARC Spine Corrector Balancing	Elizabeth Larkam	0.1	1	0.5	0	0	0
4/18/09	P215	Pilates	8:00 AM	9:00 AM	Patterns – A Total Body Workout	Kathy Corey	0	1	0.5	0	0	0
4/18/09	P209	Pilates	8:00 AM	9:00 AM	Bender Ball Pilates	Leslee Bender	0.1	0	0.5	0	0	0
4/18/09	P211	Pilates	8:00 AM	9:00 AM	Moving in All Dimensions Mat Class	Madeline Black	0.1	0	0.5	0	0	0
4/18/09	P207	Pilates	8:00 AM	9:00 AM	Peak Pilates®: Mve™ Reformer Energize Workout	Zoey Trap Christine Romani Ruby	0	0	0.5	0	0	1
4/18/09	P230	Pilates	9:30 AM	11:30 AM	Reformer Choreography	Christine Romani Ruby	0.2	2	1	0	0	0
4/18/09	O239	Other	9:30 AM	11:30 AM	Introduction to the Alexander Technique	Darcy Elman	0	0	0	0	0	0
4/18/09	P226	Pilates	9:30 AM	11:30 AM	Pilates and the Client with Multiple Sclerosis	Donna Oliver, Marc Brown Dr.	0	0	1	0	0	0
4/18/09	O242	Other	9:30 AM	11:30 AM	Creating Results- Understanding Body Typing	Rob Johnson	0.2	2	1	0	0	0
4/18/09	F240	Feldenkrais	9:30 AM	11:30 AM	Feldenkrais Awareness Through Movement Lesson Facing to the Rims Line:	Elizabeth Larkam	0.2	0	1	0	0	0
4/18/09	B244	Business	9:30 AM	11:30 AM	Avoiding Burnout Before Your Mind-Body Business Reaches Maturity	Jaya Schillinger	0	0	1	0	0	0
4/18/09	P233	Pilates	9:30 AM	11:30 AM	The Power of the Scapular Muscles & the Serape Effect in Pilates and Movement	Jennifer Stacey, MS	0	0	1	0	0	0
4/18/09	P231	Pilates	9:30 AM	11:30 AM	STOTT PILATES® Group Matwork Classes: Teaching Skills & Programming Choices	John Gary	0	0	1	0.2	0	0
4/18/09	P232	Pilates	9:30 AM	11:30 AM	Ped-i-pul Workshop Peak Pilates®	Kyria Sabin	0.2	2	1	0	0	0
4/18/09	P273	Pilates	9:30 AM	11:30 AM	Split-Pedal Chair and Handle Workshop for Athletes	Laurie Stricker	0	0	1	0	0	2
4/18/09	P228	Pilates	9:30 AM	11:30 AM	Chair Bender Ball: Functional Chair for the Personal Trainer	Leslee Bender	0.2	0	1	0	0	0
4/18/09	G223	Gyrotonic	9:30 AM	11:30 AM	How to Teach a Group Gyrotonic® Pulley Tower Class	Lisa Marie Goodwin	0	0	1	0	0	0
4/18/09	B243	Business	9:30 AM	10:30 AM	Your Pot of Gold: Ages 45-63	M Valentin	0.1	0	0.5	0	0	0
4/18/09	P227	Pilates	9:30 AM	11:30 AM	Exploring the Spinals on the Cadillac	Madeline Black	0.2	2	1	0	0	0
4/18/09	P235	Pilates	9:30 AM	11:30 AM	Active Isolated Movement: Flexibility Infused Training	Matthew McCullough	0	0	1	0	0	0
4/18/09	P237	Pilates	9:30 AM	11:30 AM	The Essential Step Barrel	Rael Isacowitz	0.2	2	1	0	0	0

4/18/09	O241	Other	9:30 AM	11:30 AM	Face Ball Workshop	Yamuna Zake	0	0	0	0	0	0
4/18/09	B289	Business	11:00 AM	12:00 PM	Senior Circuit: Functional Acts of Daily Living	M Valentin	0.1	0	0.5	0	0	0
4/18/09	F262	Feldenkrais	1:00 PM	4:00 PM	Finding Your Feet	Suzie Lundgren	0.1	0	2	0	0	0
4/18/09	P266	Pilates	2:00 PM	3:30 PM	Enhancing the Mind & Spirit Integration	Brent Anderson	0.1	1.5	0.75	0	0	0
4/18/09	P250	Pilates	2:00 PM	4:00 PM	Core Chair Challenge	Cathleen Murakami	0.2	0	1	0	0	0
4/18/09	P255	Pilates	2:00 PM	4:00 PM	How To Add Pilates Based Work Into Your Health Club or Personal Training Facility	Cecile LeMoine Bankston	0	2	1	0	0	0
4/18/09	G245	Gyrotonic	2:00 PM	4:00 PM	Pulley Tower Level II Workout B	Debra Rose	0.2	0	1	0	0	0
4/18/09	P247	Pilates	2:00 PM	4:00 PM	Pilates and the Client with Cardiovascular Disease	Donna Oliver, Marc Brown	0.2	0	1	0	0	0
4/18/09	P254	Pilates	2:00 PM	4:00 PM	Mat with Franklin Balls and Mini Rolls	Elizabeth Larkam	0.2	2	1	0	0	0
4/18/09	B265	Business	2:00 PM	4:00 PM	The Empowered Manager: Developing Your Leadership Skills	Jaya Schillinger	0	0	1	0	0	0
4/18/09	P252	Pilates	2:00 PM	4:00 PM	West Coast Pilates Wunda Chair Progressions for 2009	Kathy Corey	0	2	1	0	0	0
4/18/09	G261	Gyrotonic	2:00 PM	4:00 PM	Introducing Gyrokinesis® to your Pilates Students	Kathy Van Patten	0	0	1	0	0	0
4/18/09	P257	Pilates	2:00 PM	4:00 PM	Ante and Postnatal Pilates – Postural changes	Lynne Robinson	0	0	1	0	0	0
4/18/09	P258	Pilates	2:00 PM	4:00 PM	Building Blocks	Michael Fritzsche and Ton Voogt	0.2	0	1	0	0	0
4/18/09	P249	Pilates	2:00 PM	4:00 PM	THE COMPLETE CADILLAC: Structuring a Full Session on the Cadillac	Rael Isacowitz	0.2	2	1	0	0	0
4/18/09	P251	Pilates	2:00 PM	4:00 PM	POWER PILATES: PILATES It's a workout! How flow is Vital To The Pilates Session	Shari Berkowitz	0	2	1	0	2	0
4/18/09	P248	Pilates	2:00 PM	4:00 PM	Skilled Intervention in De-Rotating Scoliosis Lining up the Feet Ankles	Suzanne Martin	0.2	2	1	0	0	0
4/18/09	O263	Other	2:00 PM	4:00 PM	Knees and Pelvis Using Foot Savers and Black Balls	Yamuna Zake	0	0	1	0	0	0
4/18/09	P259	Pilates	2:00 PM	4:00 PM	Peak Pilates® Do you see what I see?	Zoey Trap	0	0	1	0	0	2
4/18/09	P270	Pilates	4:30 PM	5:30 PM	Power Pilates: Reformer on the Mat Class	Allison Gonzalez	0	0	0.5	0	0	0
4/18/09	G268	Gyrotonic	4:30 PM	6:00 PM	Power For Sports	Angela Crowley	0	0	0	0	0	0
4/18/09	P271	Pilates	4:30 PM	5:30 PM	YOILATES: The Ultimate Challenge	Cathleen Murakami	0	0	0.5	0	0	0
4/18/09	G267	Gyrotonic	4:30 PM	6:30 PM	Introduction to Gyrotonic®	Debra Rose	0.2	0	1	0	0	0
4/18/09	O264	Other	4:30 PM	6:30 PM	Shoulder Disorders and Stabilization	Dr. Rob Johnson	0.2	2	1	0	0	0
4/18/09	P274	Pilates	4:30 PM	5:30 PM	Tensegrity on the Reformer & Chair	Elizabeth Larkam	0.1	1	0.5	0	0	0
4/18/09	G283	Gyrotonic	4:30 PM	5:30 PM	Open Gyrokinesis Class - Everyone Welcome!	Kathy Van Patten	0	0	0.5	0	0	0

4/18/09	P269	Pilates	4:30 PM	6:00 PM	Advanced Fletcher Pilates™ Mat Workout Peak Pilates®	Kyria Sabin	0	1.5	0.75	0	0	0
4/18/09	P229	Pilates	4:30 PM	5:30 PM	Split Pedal Chair Workout for Athletes	Laurie Stricker	0	0	0.5	0	0	1
4/18/09	P280	Pilates	4:30 PM	5:30 PM	TRIADBALL Excell 2009	Michael Fritzsche and Ton Voogt	0.1	0	0.5	0	0	0
4/18/09	F284	Feldenkrais	4:30 PM	6:00 PM	A New Approach to Lengthening the Hamstrings	Suzie Lundgren	0.1	0	0.75	0	0	0
4/18/09	P281	Pilates	4:30 PM	6:30 PM	Pelvic Power and Pilates	Tom McCook	0	0	1	0	0	0
4/18/09	G217	Gyrotonic	7:30 AM	9:00 AM	Gyrokinesis® Level I Class	Lisa Marie Goodwin	0	0	0	0	0	0
4/19/09	PII3	Pilates	7:30 AM	9:00 AM	Pilates & Yoga Progressions	Tom McCook	0	0	0.75	0	0	0
4/19/09	P312	Pilates	7:30 AM	8:30 AM	Peak Pilates® Dynamic Duo: Pilates and Yoga	Zoey Trap	0.1	0	0.5	0	0	1
4/19/09	G301	Gyrotonic	8:00 AM	10:00 AM	Gyrotonic for the Upper Quadrant	Angela Crowley	0	0	0	0	0	0
4/19/09	P321	Pilates	8:00 AM	11:00 AM	Upper and Lower Extremity Functional Anatomy The Inner Core	Ben Reuter, PhD, CSCS, ATC	0.3	2	2	0	0	0
4/19/09	P303	Pilates	8:00 AM	10:00 AM	Maximize Your Connection While Deepening Your Understanding	Cathleen Murakami	0.2	0	1	0	0	0
4/19/09	P311	Pilates	8:00 AM	10:00 AM	Pre and Post Natal Mat and Magic Circle	Cecile LeMoine Bankston	0	2	1	0	0	0
4/19/09	P305	Pilates	8:00 AM	10:00 AM	Pushing in New Directions	Christine Romani Ruby	0.2	2	1	0	0	0
4/19/09	G317	Gyrotonic	8:00 AM	10:00 AM	Introduction to Gyrokinesis®	Debra Rose	0	0	1	0	0	0
4/19/09	P304	Pilates	8:00 AM	11:00 AM	Pilates and the Client with Respiratory Disease	Donna Oliver, Marc Brown	0.3	0	2	0	0	0
4/19/09	O313	Other	8:00 AM	10:00 AM	Practical Neuroscience – The Mind-Muscle Connection	Dr. Eric Cobb	0.2	2	1	0	0	0
Date	Code	Category	Time Begin	Time End	Class Title	Instructor	ACE	PMA	Polestar	STOTT PILATES®	Power Pilates	Peak Pilates
4/19/09	P315	Pilates	8:00 AM	10:00 AM	STOTT PILATES® Personal Training Matwork: Teaching Skills & Programming Choices or One-on-One Matwork Training	John Gary	0.2	0	1	0.2	0	0
4/19/09	P306	Pilates	8:00 AM	10:00 AM	Adaptive Pilates for the Chair – From Basic to Advanced	Kathy Corey	0	2	1	0	0	0
4/19/09	P314	Pilates	8:00 AM	10:00 AM	Ante and Postnatal Pilates – The Pelvic Girdle	Lynne Robinson	0	0	1	0	0	0
4/19/09	P307	Pilates	8:00 AM	10:00 AM	Peak Pilates® Advanced Reformer Flow	Sonia Rodriguez	0	0	1	0	0	1

4/19/09	P320	Pilates	8:30 AM	10:00 AM	Pilates for Parkinson's Disease	Brent Anderson	0.1	1.5	0.75	0	0	0
4/19/09	P310	Pilates	9:00 AM	10:00 AM	Men on Mats	Leslee Bender	0.1	0	0.05	0	0	0
4/19/09	P309	Pilates	9:00 AM	10:00 AM	POP: Pilates Outdoor Play	M Valentin	0.1	0	0.05	0	0	0
4/19/09	G124	Gyrotonic	9:30 AM	11:30 AM	Gyrotonic® Floating Exercises	Lisa Marie Goodwin	0	0	1	0	0	0
4/19/09	G323	Gyrotonic	10:30 AM	12:30 PM	Gyrotonic for the Lower Quadrant	Angela Crowley	0	0	0	0	0	0
4/19/09	P336	Pilates	10:30 AM	1:30 PM	Optimizing Strength & Flexibility Simultaneously in the Pilates Environment	Bent Anderson	0.3	3	2	0	0	0
4/19/09	P331	Pilates	10:30 AM	12:30 PM	Cross training for Triathletes	Cecile LeMoine Bankston	0	2	1	0	0	0
4/19/09	P327	Pilates	10:30 AM	12:30 PM	Beating Forward Head Posture with Pilates	Christine Romani Ruby	0.2	2	1	0	0	0
4/19/09	O340	Other	10:30 AM	12:30 PM	The Atlantic Occipital Joint in Motion	Darcy Elman	0	0	0	0	0	0
4/19/09	O335	Other	10:30 AM	12:30 PM	Enliven Your Center Of Power: Abdominal Fitness From The Inside Out	Jean-Paul Martz	0.2	0	1	0	0	0
4/19/09	P333	Pilates	10:30 AM	12:30 PM	Women's Health Physical Therapy/Pelvic PT	Lucia Miller	0	0	1	0	0	0
4/19/09	P325	Pilates	10:30 AM	12:30 PM	Ante and Postnatal Pilates – Abdominal Integrity	Lynne Robinson	0	0	1	0	0	0
4/19/09	P328	Pilates	10:30 AM	12:30 PM	Wunda Chair Flow and Links	Michael Fritzke, Ton Voogt	0	0	1	0	0	0
4/19/09	P337	Pilates	10:30 AM	12:30 PM	Power Pilates: Creative Spine Corrector Workshop	Shari Berkowitz	0	2	1	0	2	0
4/19/09	P329	Pilates	10:30 AM	12:30 PM	Exploring the Planes of Scoliosis	Suzanne Martin	0.2	2	1	0	0	0
4/19/09	P326	Pilates	10:30 AM	12:30 PM	Peak Pilates® Effective Client Communication	Zoey Trap	0.2	0	1	0	0	0
4/19/09	P330	Pilates	11:30 AM	1:30 PM	Rotational Patterns for the Reformer	Kathy Corey	0	2	1	0	0	0