

Continuing Education Credits

We offer CECs through PMA, Polestar, Power Pilates, STOTT Pilates, Peak Pilates and ACE. There will be certificates of completion at each class information desk. The credits listed in the catalog are estimates and final numbers will be on the forms given at the conference.

Waiver of Liability

Registrants of the conference must understand that there are serious risks with all physical activity and that when practicing Pilates, Yoga or Gyrotonic, one may suffer minor or serious injury. Registrants must understand these inherent risks and assume that all such risks associated with participation in any activities in conjunction with the Body Mind Spirit Conference waive all employees, RMG, Inc., volunteers, instructors and agents from liability.

Accommodations and Travel

LODGING: The conference is held at the Santa Clara Convention Center in Santa Clara, California. The official conference hotel is the Hyatt Santa Clara. They are located next to the convention center, and classes and events are held both in the hotel and convention center. Hotel reservations can be made by calling 408-200-1234 or 800-633-7313. Space is limited; we encourage you to make your reservations early. Mention the Body Mind Spirit Conference to receive the special group rate of \$129 (plus tax) per night (single or double occupancy).

AIRPORT TRANSPORTATION: The Santa Clara area is just 10 minutes from the San Jose International Airport. The San Francisco and Oakland Airports are within 45-60 minutes driving time of Santa Clara. Once here, Interstates 880, 280, and 101 combine to surround Santa Clara on three borders. A variety of transportation is available to accommodate your needs, including CalTrain from the peninsula and San Francisco, Amtrak from Sacramento, and Valley Transportation Authority (VTA) locally with bus and light rail service. Visit the Santa Clara website to get more information on ground transportation, shuttles and local attractions. Visit their website at: www.santaclara.org.

Exhibitors

If you would like to reserve booth space at the Live Healthy Marketplace, call Jaye Craft at 408-313-1984 or e-mail jcraft@bodymindexpo.com. Apply early since space is limited.

Work Exchange

Receive free classes in exchange for hours worked. Positions are limited; apply early. Work exchange volunteers do not register for classes but will be able to participate in classes on a space-available basis when not fulfilling their assigned duties. For more information call 408-284-5300 or send an email to questions@bodymindexpo.com.

Refunds, Cancellations & Transfer Fees

All requests for refunds must be made in writing to RMG, Inc. A refund minus the cancellation fee will be made for all cancellation requests postmarked by February 28, 2010. No refunds will be made for requests postmarked after February 15, 2010. Cancellation Fee: before 12/31/09 \$100, 1/1/10 to 2/28/10 \$300. Pre-Conference Cancellation fees are the same as above. If you cancel both the conference and the pre-conference you will be subject to cancellation fees for both registrations. Event fee transfer requests will be subject to a \$100 processing fee. A transfer is defined as changing the name of the attendee with no changes to class schedule.

Senior & Group Discounts

We offer a 10% senior discount on the main conference only for people 60 years of age or older. Groups of 4 or more may be eligible to receive a 25% discount. Please register at 888-499-1600 or by emailing questions@bodymindexpo.com.

What to Bring

We suggest that depending on your class selection, you may want to bring a mat and writing materials. Mats & props will also be on sale in the Marketplace Expo hall.

Equipment Classes

Conference workshop sessions with equipment will be filled as follows: Three per reformer, spine corrector, ladder barrel, chairs, and Pilates towers. Four per piece of Gyrotonic® equipment. Equipment practice classes during sessions 1 and 4 will be one piece of equipment per student.

Class Observation

Due to the size of rooms we do not have areas for class observation. It is our goal to make this a quality event with classrooms that are filled only to the maximum of allowed participants. Our registration system does allow you to be waitlisted for full classes.